

FROZEN

Frozen Orange / \$1

Half a sliced frozen orange packed full of YUM

Quelch Fruit Stick 70ml / \$1

Apple, orange and paradise punch

Moosie 85ml / \$1.70

Chocolate and blue moon

Coconut Juicies 105g / \$1.70

Mango, strawberry and pineapple

MIGHTY MEAL DEALS

Monday / \$8.50

Panda Pizza, Roar Carrot Sticks & Just Juice

Tuesday / \$9.60

Jungle Butter Chicken, Rainbow Fruit Salad & Just Juice

Wednesday / \$8.50

Wild Fried Rice, Apple Slinky Tail & Just Juice

Thursday / \$9.60

Safari Chicken Burger, Rainbow Fruit Salad & Just Juice

LUNCH ORDERS

You can order by 2 methods:

1. CASH

- write your child's name, class and order on an envelope and place the money inside.
- post the order in the box outside the canteen by 9.15am.

2. ONLINE

- visit school24.net.au and register an account using registration ID 25198963.
- create a profile for each child you have attending the school.
- log in and place recess and lunch orders using your credit card.

PUTNEY PUBLIC SCHOOL SUMMER MENU 2020

**NSW HEALTHY
CANTEEN
ACCREDITED**

**AVAILABLE
MONDAY - THURSDAY**

All meals, sandwiches & wraps
are made fresh daily by our
canteen staff

Operated by PPS P&C Association
info@putneypc.org.au



LUNCH & RECESS SNACKS

Rainbow Fruit Salad (GF) / \$1.70
Freshly chopped fruit, full of colourful goodness

Wild Watermelon Slice (GF) / \$1
Chilled, juicy and refreshing

Fresh Seasonal Fruit (GF) / \$1
The perfect healthy snack for growing adventurers

Apple Slinky Tail (GF) / \$1.10
Curly twirly fresh apple

Roar Carrot Sticks (GF) / \$0.60
Crunchy and nutritious

King of the Jungle Yoghurt, Muesli & Berry Cup (GF) / \$2.20
Packed full of goodness to help big and little lions get through the school day
Available at recess only

Jungle Jelly Cup / \$0.70
Made from 100% fruit juice

Rainforest Roll
Warm & cheesy \$2.80
Warm & cheesy vegemite \$3.30

Cheesy Cheetah Jaffle / \$1.70
Warm & delicious toasted cheese sandwich
Available at recess only

Red Rock Deli Chips / \$2.20
Sea salt

Damora Rice Cracker Snacks / \$2.20

DRINKS

Just Juice 200ml / \$1.70
Apple, orange and paradise punch

Sparkling Fruit Juice 250ml / \$2.80
Raspberry and blackcurrant

Big M Milk 300ml / \$2.80
Chocolate and strawberry

Bottled Water 350ml / \$1.70

HOT FOOD

Jungle Butter Chicken with Steamed Rice (GF) / \$6.60
Chicken breast in mild creamy sauce with steamed white rice

Safari Chicken Burger / \$6.60
Freshly oven baked chicken pattie with lettuce.
Optional: mayo, tomato sauce or bbq sauce

Wild Fried Rice (GF)
Authentically wok fried with carrots, peas and corn
Vegetarian \$5.60
Chicken \$6.60

Panda Pizza
Cheese and tomato \$5.50
Ham and cheese \$6.60
Pineapple, Ham and Cheese \$6.60

Cobra Corn on the Cob (GF) / \$1.10
Sweet and juicy corn on the cob tossed in butter

Outback Sausage Roll / \$3.30
Tasty meat filling covered with crispy pastry

Volcano Beef Pie
Large 180g \$4.40
Snack 90g \$2.80
Tomato or BBQ sauce .30

SAFARI SANDWICHES & WRAPS

Choice of wholemeal or white sliced bread, or wrap

Vegemite	\$2.60
Tomato	\$2.80
Cheese	\$2.80
Salad	\$3.90
Egg & Mayo	\$3.90
Ham	\$3.90
Chicken	\$3.90
Tuna	\$3.90

EXTRAS

Toasted	.50
Salad: lettuce, tomato, carrot, cucumber	\$1.60
Tomato, avocado or cheese	.60ea
Egg	\$1.00
Lettuce, carrot or cucumber	.40ea
Mayonaisse or Vegemite	.40