

# SUMMER MENU 2025

# NSW HEALTHY CANTEEN ACCREDITED

All meals, sandwiches & wraps are made fresh daily by our canteen staff and volunteers

Operated by PPS P&C Association canteen@putneypc.org.au

# LUNCH & RECESS SNACKS

Fruit Salad / \$3

Watermelon Slice / \$1.50

Fresh Seasonal Fruit / \$1.50

Apple Slinky Tail / \$1.50

Carrot Sticks with Hummus / \$2



Jelly Cup / \$1 Cheese Toastie

Half / \$1.80 Whole / \$3.50

Available at recess only

Bread Sticks / \$2.50

# **DRINKS**

Just Juice / \$2

Apple, orange and paradise punch

Glee / \$3

Raspberry, tropical, bubblegum grape, blue lemon

Nippy's Flavoured Milk / \$2.50 Chocolate or strawberry

Bottled Water / \$1.50

## **FROZEN**

Frozen Just Juice / \$2 Apple, orange and paradise punch

Frozen Pineapple Juice / \$1

Frozen Yoghurt / \$2.50 Strawberry/vanilla bean

Juicie / \$2 Lemonade, tropical or wildberry

Chocolate Moosie / \$1.50

Ice Block / \$1
Quelch or Zooper Dooper (no sugar)

## **CLASS PARTY PACK**

24 ice blocks, bucket, balloon / \$12

Choice of Quelch or No Sugar Zooper Dooper Extra Ice Blocks / \$0.50 each



### DAILY DELIGHTS



NEW

Monday - Stir Fry / \$7
Chicken and vegetable stir-fry with rice or noodles

Tuesday - Beef Lasagne / \$7

#### Sushi Wednesdays

Full menu can be viewed on School24

Must be pre-ordered by Tuesday at 4pm

## Thursday - Nachos / \$6.50

Beef nacho mix, corn chips and cheese Sour cream, guacamole and salsa / \$0.50 each

#### Friday - Prawn Dumplings / \$7.50

6 x dumplings cooked in soy, oyster sauce and garlic

### **HOT FOOD**

### Chicken Burger / \$7

Grilled chicken breast Choice of mayo, tomato sauce, BBQ sauce Lettuce optional Cheese, tomato / \$0.50 each

#### Beef Burger / \$7

Beef pattie

Choice of mayo, tomato sauce, BBQ sauce Lettuce optional

Cheese, tomato, beetroot / \$0.50 each

#### Butter Chicken with Rice / \$7

#### Pasta

Plain / \$3.50 Napoli / \$6.50 Bolognese / \$7 Cheese / \$0.50

#### Pizza

Cheese / \$5.50 Ham and cheese / \$6.50 Pineapple, ham and cheese / \$7

#### **Beef Pie**

Large (180g) / \$4.50 Snack (90g) / \$3 Tomato sauce, BBQ sauce / \$0.30 each

#### Sausage Roll / \$3.50

Tomato sauce, BBQ sauce / \$0.30 each

# SALADS



## Chicken Salad / \$8

Grilled chicken, lettuce, tomato, carrot, cucumber, beetroot, avocado, dressing

#### Tuna Salad / \$8

Tin of tuna, lettuce, tomato, carrot, cucumber, beetroot, avocado, mayo

#### Greek Salad / \$7

Lettuce, red onion, red capsicum, tomato, kalamata olives, fetta, oregano, dressing

# SANDWICHES & WRAPS

Choice of wholemeal or white bread

Vegemite / \$3

Cheese / \$3

Salad / \$4.50

Hummus, lettuce, carrot, tomato, cucumber, beetroot

Egg & mayo / \$4.50

Ham / \$4

Chicken, lettuce & mayo / \$5.50

Tuna, lettuce & mayo / \$5.50



## **EXTRAS**

Toasted / \$0.50
Salad: lettuce, tomato, carrot, cucumber / \$2 for all Lettuce, carrot, cucumber / \$0.50 each Cheese, mayo, hummus / \$0.50
Tomato, beetroot / \$1
Egg, avocado / \$1.50
Gluten free bread / \$0.50
Wrap / \$1

## RICE PAPER ROLLS



Rice Paper Rolls / 2 for \$5 Choice of chicken, tuna or vegetarian

Dipping Sauce / \$0.50